

## DOCTORS SAID IN PREVIOUS YEARS...

“Good job!”

“Overall, a very good conference with speakers being very knowledgeable about the topics they presented.”

“Great conference.”

“Excellent conference as always done by the IOA—worth the distance to get there.”

“The program was excellent. The quality was very good. I will continue to attend.”

“Really enjoyed the conference. Thank you.”

“The IOA always puts on a nice conference. I can always count on coming to at least one per year and being glad I did. Thank you.”

## PRECONFERENCE OMT WORKSHOP

On Thursday, the Marian University College of Osteopathic Medicine (MUCOM) is offering an optional **preconference OMT workshop** for an additional fee.

## THIS YEAR'S PROGRAM

We are pleased that **Duane G. Koehler, D.O. FACOFP dist.**, president of the American College of Osteopathic Family Physicians (ACOFP) will be our guest at a luncheon on Friday and will report on behalf of the ACOFP Board of Governors.

At a luncheon on Saturday, **Ronald R. Burns, D.O.**, president-elect of the American Osteopathic Association (AOA) will be our guest and will report on behalf of the AOA Board of Trustees.



Your support of the Advocates' fundraising efforts at our CME program by buying raffle tickets and bidding on items in the silent auction is greatly appreciated. The money raised will go

to the Motyka Dannin Osteopathic Educational Foundation to support the study of osteopathic medicine.

The IOA is hosting a **holiday reception** on Saturday evening. Plan to stop by for food, drinks, and an opportunity to celebrate with colleagues and friends. All spouses/guests and children are invited too.

## ENTERTAINMENT

December in Indianapolis offers numerous opportunities for family and grown-up fun. You can enjoy first rate theater, concerts, shopping and dining.

As the weather turns cold, warm your heart with Ebenezer Scrooge,



Tiny Tim and spirits of the past, present and future. Filled with laughter and tears, *A Christmas Carol* celebrates the power of kindness and love in this uplifting tale of one man's journey to redemption. Celebrate the season with Indianapolis's favorite holiday tradition. Tickets on sale now. Go to [www.irtlive.com](http://www.irtlive.com) or call (317) 635-5252 Monday through Friday, 11:00 am to 6:00 pm.



Enjoy Indiana's best holiday tradition, IPL Yuletide Celebration. Ring in the holidays with Jack Everly, Angela Brown, Josh Kaufman, and special guests as they bring to life the magic of tap dancing Santas, festive carols and larger-than-life puppetry alongside the ISO. Tickets on sale now. Go to [www.indianapolissymphony.org](http://www.indianapolissymphony.org) or call (317) 639-4300 or (800) 366-8457 outside Central Indiana Monday through Friday from 10:00 am to 5:00 pm.

Enjoy the warm glow of twinkling lights and the magical nighttime experience that is Christmas at the Zoo presented by Donatos and Teachers Credit Union. Stay warm sipping hot beverages or enjoying one of the campfires. Several animals also will stay up late to enjoy cooler nights, including brown bears, tigers and more. Plus, stop by the indoor animal exhibits, including Oceans, Deserts, and Simon Skjodt International Orangutan Center. The Hilbert Conservatory in the White River Gardens also will be open early in the day from noon until 5:00 pm. Other fun holiday activities are available from 5:00 pm to 9:00 pm.



Celebrate family traditions and holidays with Jolly Days Winter Wonderland at the Children's Museum of

Indianapolis. Enjoy favorites like the two-story Yule Slide, Jingles the Jolly Bear, and Visits with Santa. The museum is open Tuesday through Sunday, from 10:00 am to 5:00 pm.

The Eiteljorg Museum of American Indians and Western Art, the Indianapolis Art Museum, and the American Cabaret Theater are close too.

Circle Centre Mall is located in the heart of downtown Indianapolis. It features over 100 retailers including Banana Republic, Lucky Brand, and H&M. It also is home to Regal Theaters and fifteen sit-down restaurants offering some of the city's best date-night experiences. Twelve hotels connect to Circle Centre Mall and the proximity to the city's arts and culture make it a downtown destination for Indianapolis visitors and residents. Indianapolis is the capital and cultural hub of Indiana. Area attractions include top-notch professional sports venues, a thriving convention industry and numerous museum and entertainment attractions.



## 37<sup>th</sup> Annual Winter Update November 30 – December 2, 2018

The IOA is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

The IOA designates this program for a maximum of 25 AOA category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.



## Preconference OMT Workshop November 29, 2018

The MUCOM is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

The IOA designates this program for a maximum of 8 AOA category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

**Hyatt Regency  
Downtown Indianapolis**

## TENTATIVE AGENDA

### PRECONFERENCE OMT WORKSHOP THURSDAY, NOVEMBER 29, 2018 8:00 am - 5:30 pm

Osteopathic Approach to the  
Primary Care Patient

This is an optional **preconference OMT workshop** for an additional fee.  
(Please indicate attendance on your registration form.)

### FRIDAY, NOVEMBER 30, 2018 (Exhibits open 8:00 am - 3:30 pm) 7:00 am - 6:00 pm

- Hematuria with ITP
- Neonatal Abstinence Syndrome
- Limb Salvage
- Topical Antibiotics
- Opioids
- Leading the Osteopathic Way
- CBD Oils
- End of Life Care
- Integrating OMM into a Busy Practice Setting Workshop

#### 6:30 pm

- Addressing Unmet Needs in Stable CAD/PAD

This is a **promotional event**. CME credit will not be available for this session. In adherence with PhRMA guidelines, spouses or other guests are not permitted to attend company-sponsored events. (Please indicate attendance on your registration form.)

### SATURDAY, DECEMBER 1, 2018

#### 7:00 am - 5:30 pm

- Integrated Medicine
- Learning Disabilities
- Update in Medical Imaging Modalities
- Pediatric Anxiety Disorders
- Dermatology
- Go Forward with Confidence and Embrace Change
- Advances in Arthritis Management
- Musculoskeletal Ultrasound
- Musculoskeletal Ultrasound Workshop

#### 6:30 pm

- Holiday Reception

All spouses/guests and children are invited too. (Please indicate attendance on your registration form.)

### SUNDAY, DECEMBER 2, 2018

#### 7:00 am - 12:15 pm

- Physician Agreements
- Factors That Improve Physicians' Lives
- Indiana Medical Licensing Board Update
- TBD
- Coding and Billing Update

(Topics and times subject to change.)

## HOTEL RESERVATIONS



### BOOK YOUR ROOM EARLY!

The Hyatt's address is  
One South Capitol Avenue  
Indianapolis, IN 46204.

Make your reservation via the internet at  
<https://book.passkey.com/go/OSTA>  
or call (800) 233-1234.

The room rates are  
**\$221 per night**  
single or double occupancy  
**\$231 per night**  
triple occupancy  
**\$241 per night**  
quadruple occupancy  
**until midnight on November 4.**

Be sure to mention the  
IOA Annual Winter Update  
to receive these rates.

Make your reservation now **even if you're not certain you will need a room.**  
If you decide to cancel your reservation, **please contact the IOA first.**

### USE YOUR ELECTRONIC DEVICES!

Participants may **download** speakers' presentations provided to us by the week before our event on the IOA's website during CME programs **free of charge**. Participants also may request **flash drives** loaded with speakers' presentations provided to us by the week before our event **free of charge**. **Download** the YAPP app **free of charge** on your iPhone, iPad, or android and access the IOA's 37th Annual Winter Update App (**Winter Update App**) instead of viewing a printed program. (Please indicate if you prefer a flash drive and if you prefer to download the Winter Update App on your registration form.)

## REGISTRATION FORM

Name (indicate first and last for name badges) \_\_\_\_\_ Degree \_\_\_\_\_ AOA Member Number \_\_\_\_\_  
Mailing Address (indicate  office  residence) \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Telephone Number (indicate  office  residence  cell) \_\_\_\_\_ Medical College \_\_\_\_\_ Year of Graduation \_\_\_\_\_  
E-Mail Address \_\_\_\_\_ Specialty \_\_\_\_\_ Certification \_\_\_\_\_

### REGISTRATION FEES

(circle appropriate fee)

Before 11/9/18 After 11/9/18

Non Member	\$700	\$750
Member*	\$545	\$595
Spouse/Guest	\$150	\$200
Resident/Intern Non Member	\$325	\$375
Resident/Intern Member	\$250	\$300
Student**	\$125 (\$50)	\$175 (\$100)

\* Member of IOA or respective state association.

\*\* Discounted student registration fees are supported by the Motyka Dannin Foundation.

- I would prefer a **flash drive**.
- I would prefer to download the **Winter Update App**.
- I will participate in the **optional preconference OMT workshop** on Thursday, November 29.
- I have included an **additional fee of \$250** in my check.
- I understand that an **additional fee of \$250** will be charged as indicated below.
- I will participate in **lunch** on  Friday, November 30 and/or  Saturday, December 1.
- I will participate in the **promotional event** on Friday, November 30.
- I will participate in the **holiday reception** on Saturday, December 1.
- I will participate in **continental breakfast** on  Sunday, December 2.
- Check (made payable to IOA) enclosed.
- Charge to:  Visa  Mastercard  Discover  American Express

Card Number \_\_\_\_\_ Expiration Date CVC Number \_\_\_\_\_ Authorized Signature \_\_\_\_\_

### REGISTER ON-LINE:

Go to [www.inosteo.org](http://www.inosteo.org).

### CANCELLATIONS & REFUNDS:

The IOA must receive notice of cancellations by November 9, 2018, to grant full refunds. If originally paid by credit card, cancellations are subject to a 5% service fee. All cancellations received after November 9 are subject to a 15% service fee. After November 23, 2018, all cancellations are subject to a 25% service fee.

### MAIL REGISTRATION FORM WITH PAYMENT TO:

Indiana Osteopathic Association  
3200 Cold Spring Road  
Michael A. Evans Center for Health Sciences, Suite 107  
Indianapolis, IN 46222-1672.

### QUESTIONS?

Call (317) 926-3009.

### SPECIAL NEEDS?

Contact the IOA before November 9, 2018, if possible.